



Motto: To acknowledge the duty that accompanies every right

Y's Men International India Area Central Travancore Region



BULLETIN

Volume 1

June 2022

EDITORIAL DESK...



Dear Y's Family members,

It is my great pleasure in coming out with a "Y's Chronicle" during the Second installation ceremony of the Regional Team of CENTRAL TRAVANCORE REGION. I am grateful to our Regional Director Ym. Prof. Koshy Thomas and the Regional team in entrusting me as the Regional Bulletin Editor.

Our newly formed CENTRAL TRAVANCORE REGION began to function in its full vigour under the able leadership of Ym. George Daniel, the first Regional Director of our Region. I take this opportunity to congratulate Ym. George Daniel and his Regional team for their sincere efforts

Due to covid pandemic, though our family gatherings were confined to online meetings last year, we were able to remain as a closeknit community. The Divine grace and blessings strengthened us to face all the adversities.. Situation has been changing. Hope and pray that our get-togethers and meetings enhance the spirit of Y'sdom and multiply the harmony among us..

I thank all our eminent Y's Leaders who sent their messages to this "Ys Chronicle". I request all the members and club leaders for their whole hearted support in making this Y's dom Year a memorable one. Thank you.

Y'slyours

Ym. P.WAF. Ninan Eipe Koor, Regional Bulletin Editor, Central Travancore Region.

REGIONAL CABINET



Ym. Prof. Koshy Thomas
Regional Director
2022-23



Ym. Adv. Jacob Varghese
RDE



Ym. George Daniel
IPRD



Ym. Dr. Vinod Raj
Regional Secretary



Ym. Prof. A.V. Thomas
Regional Treasurer



Ym. Ninan Eipe Koor
Regional Bulletin Editor



Ym. Er. Jacob Mathew
Regional Web Master



Ym. Mammen George
Regional Master of Ceremony



Ym. Dr. V. Rajesh
(LTOD)



Yw. Anu Koor
Regional Menettes Co-ordinator



Ylg. Mabel Mathew Francis
Regional Ylg.

REGIONAL DIRECTOR'S VISION

It is with feelings of pride, happiness and gratitude that I stand before you to accept the responsibility of navigating the Central Travancore Region during the time when our Movement is entering into the second century of its successful existence and service. As your humble servant I accept the task you have entrusted to me with all humility. I am conscious of my limitations but I pledge to you that I shall do my level best to live up to the trust you have placed in me with the help of God and with co-operation of all of you.

I am conscious of the fact that I am taking over this responsibility at a time when our Movement is passing through a crucial time in human history. We all need peace, dignity and equality on a healthy planet. In our Region we need certain transformational changes in our approach towards membership conservation and extension, Menettes and Youth Empowerment programs, nurturing of leadership, branding and positioning, web based management system, publicity on digital media, implementation of International projects, our partnership with YMCA and also our approach towards planet earth.

Based on these intentions in mind I took the Regional Theme as 'Unfold the Devine Potential to Think and Act Beyond' and Slogan as 'CONSERVATION EXTENSION LEADERSHIP'

SLOGAN- "CONSERVATION
EXTENSION LEADERSHIP"



Regional Major Project "RENAL CARE"

While we are in the threshold of a new century it is our responsibility to think of Y'sdom yesterday, today and tomorrow and act accordingly.

In tune with the International Project 'Heal The World' and the Area Project 'Health, Education and Environment', our Region has taken 'RENAL CARE' as the major Project. Let the major project be our flagship project during this centennial year. All our clubs are at their choice to do community service in the field of Education and Environment as minor projects. It is our bound duty to search and serve. A Club cannot exist without service just as a fire cannot exist without burning.

This year I seek the attention of all former and present leaders in all levels to use all your resources to make a visible impact in our community by successfully implementing all our envisaged community projects and to attain 25% growth.

To maintain transparency accountability and continuity it is our obligation to adhere to the Troika system in the Club, District, Zonal and Regional administration. I want every member to be enthusiastically active and to take the membership seriously. Drop in membership and clubs reporting less than 15 members is of great concern. It is my earnest request to my friends to report with additions to the closing membership of April 2022, in the July 2022 report.

Being an International organization it is our obligation to contribute generously towards various International Projects. We

Continue ... page 2

Regional Theme: "Unfold the Devine
Potential to Think and Act Beyond"



Message

Respected leaders and Y's family members of Central Travancore Region, We are extremely happy about your installation as RD of Central Travancore Region at the Regional convention scheduled to be held on 19th of June 2022.

On this special occasion let me wish for Ysm. Koshy Thomas and all the Ys family members in CTR, the very best for a great Y's Year ahead.

Our movement is entering into its Centenary year and our members across the globe are getting ready to embrace a new century of action, visibility and impact. Conservation of our existing members and enrollment of new members remain the key focus of all of us in this centenary year. This calls for an all-out effort to make our movement an "Aspirational" one by building a culture of Family, Friendship and Fellowship and executing impactful projects.

I had shared a thought of creating small groups of 3 or 4 members each in every one of our clubs and mandating these small groups to bring at least one new member per year for the next three years, starting this year. This will easily help us to double our membership in the next three years. I hope RD Ysm. Koshy Thomas and team will explore the possibility of executing at least one long term, visible and impactful charity/ community project in your Region as a Centenary project to create the right visibility, image and impact.

It is time for us to think "BEYOND SELF AND BE THE CHANGE" to "HEAL THE WORLD" while stepping into the next 100 years with "FELLOWSHIP AND IMPACT". As the International President of the Centenary year I offer my Whole Hearted support to RD Koshy Thomas and team in their journey to success....!

Wishing you all the very best once again.

Dr. K C Samuel
International President 2022-23.

..... from page 1

shall continue 'Roll Back Malaria' as the Global Impact Project. We will encourage effort to control mosquito population in environmentally equitable ways prioritising preservation of Biodiversity.

Over the years Y'sdom has emerged as an Internationally acclaimed service oriented family organization based on love, compassion, sacrifice and selflessness as its core values. As we are aware Clubs are the building blocks of the Movement. Our Region will be promoting image building programmes for all the family members of the Club for their self development and community impact through them. It is the moral and constitutional responsibility of the Clubs, Districts, Zones and the Region to give emphasis and promote entertaining and informative family meetings regularly in all Clubs.

It is the fundamental and functional responsibility of all Clubs to motivate Menette's and Lings/Youths' involvement and promote their programs and projects. This year special recognition will be given to such Clubs. Special awards and Trophies will be instituted for various visible and impactful contributors in all levels.

As someone rightly said "Surround yourself with people who have dreams, desire and ambition they will help you to push forward to realize your own". Our Region is blessed with two experienced senior engineers to lead two Zones Ym. Er. P.A Mathew as LRD for Zone 1 and Ym. Er. Shaji Mathew for Zone 2. All our six Districts are governed by committed District Governors For District 1 we have Ym. Adv. Aby Thomas, for Dist. 2 Ym. Dr. K Jacob, for Dist. 3 Ym. V.S Jose for Dist. 4 Ym. K.K Cheriangee, for Dist 5 Ym. Dale Paul, and for Dist. 6 Ym. Dr. Sherry. M. Joseph. Our Cabinet is filled with enthusiastic and experienced leaders to work meticulously to keep the Region vibrant in the path of progress. They all are duty

Message



Dear RDE Koshy Thomas,
Warm greetings to all Y's Men, Menettes, Youth and Lings of Central Travancore Region,

I am extremely pleased to write this message for the Cabinet installation.

I congratulate you as you take charge of the Region I wish you all the best for achieving a good performance during the year.

I applaud Ym. P.WAF. George Daniel and the outgoing team members for the good performance during the past year.

Keeping in mind the need to work for the betterment of society, the Area Theme for 2022-23 is "Impactful Leadership. Fostering Humanity." Slogan is "Think. Believe. Act" and Motto is "Extension, Extension, Extension" which is based on the Challenge 22 goals of International and aimed to increase the India Area membership beyond 12000.

The Area projects will primarily focus on Health, Education & Environment. The main stay will however continue to be Kidney Dialysis and Renal care & Cancer care projects. The Area intends to work alongside Regions to establish Y's Men Palliative care and Dialysis centres as major projects. We would like to see your Region as a major contributor to the Area Projects.

I congratulate the Regional Bulletin Editor for bringing out this Bulletin. This publication will definitely showcase the targets and goals set for the year 2022-2023.

I congratulate the Convention Committee for organizing the Convention and wish you all the best for a successful event of incredible and impressive fellowship.

I wish the Regional team all the best as you go forth with inspiration to serve your communities through YMI.

Dr. Anand Jacob Varghese
Area President, India.

bound to help you round the clock. More over this year we are blessed to have a Y'sling turned jovial leader Ym. Adv. Jacob Varghese as our RD Elect.

I shall be failing in my duty if I do not acknowledge the great service rendered to our Movement by the outgoing and first Regional Director of the Region Ym. George Daniel and his team and I thank him for the love and affection he showered on me during this year. I cannot forget on occasion like this my indebtedness to my Home Club Elanthoor and the love, encouragement and developmental opportunities I obtained from my Club. Finally I thank all Past Regional directors those who have offered me their suggestions and all other Leaders, family members and guests who have assembled here to bless the Regional team. Let us rededicate ourself to the service of humanity by strengthening the bond of fellowship in our Movement. I want all of you to labour hard but not to ask for any reward. Rewards will come to you without asking for them. If I may adapt Kennedy's famous word a little, do not ask what the Movement can give you but ask what you can give to the Movement.

The richest way to live your life is to go into any relationship looking at what can I give than what can I receive. Let Y'sdom be gift to the world by we becoming a gift to Y'sdom. Human life is an evolving consciousness and today can be better than yesterday and tomorrow can be better than today. Let us all put our Head, Heart and Hand together to make it possible.

THANK YOU ALL.



Ym. Prof. Koshy Thomas
Regional Director

Y's MEN INTERNATIONAL 2022 -23



Ym. Dr. K. C. Samuel
International President 2022-23



Ym. Ulrik Lauridsen
International President Elect



Ym. Kim Sang - Chae
International President 2021-22

INDIA AREA 2022 -23



Ym. Dr. Anand Jacob Varghese
India Area President



Ym. V. A. A. Shukur
India Area President



Ym. Adv. Shanavas Khan
Immediate Past India Area President

CENTRAL TRAVANCORE REGION ADVISORY BOARD



Ym. Jacob Cherian
(Past International President)



Ym. K. I. Abraham FCA
(Past Area President)



Ym. Ipe Jacob
(Past Area President)



Yw. Susy Mathew
(Past Area President)



Ym. Thomas Zachariah
(Past Regional Director)



Ym. V. S. Radhakrishnan
(Past Regional Director)



Ym. Mammen Oommen
(Past Regional Director)



**LRD
ZONE - I**

Ym. Er. P. A. Mathews
Mob: 9947022244
Email: joypunthala@gmail.com



**LRD
ZONE - 2**

Ym. Er. Shaji Mathew
Mob: 9447140251
Email: shajithakidiyel@gmail.com

DG District - I



Ym. Adv. Aby Thomas
Mob: 9447454864
thomas.abby65@gmail.com

DG District - II



Prof. Dr. K. Jacob
Mob: 9400585010
jacob_mtc@yahoo.co.in

DG District - III



Ym. V. S. Jose
Mob: 9633852945
vsjose17@gmail.com

DG District - IV



Ym. K. K. Cherianjee
Mob: 9495822680
getjee@gmail.com

DG District - V



Ym. Dale Paul
Mob: 9447356005
mptpaulpaul@gmail.com

DG District - VI



Ym. Dr. Sherry M. Joseph
Mob: 9447403503
sherrymjoseph@gmail.com

Regional Calendar 2022-23

FREE YOURSELF
When you open your mind you free yourself from having to be in complete control of your thoughts...

JULY 2022

01	Friday	Commencement of new Ys Year
24	Sunday	1st Regional Council & RSD Training
31	Sunday	Last date to receive 1st semester Roster, Dues and last date for Installation of Club office bearers.

VISUALIZE GOOD THINGS
Learn to think like a winner. Think positive and visualize your strengths

AUGUST 2022

07	Sunday	Leadership training zone 1
14	Sunday	Leadership training zone 2
10	Wednesday	Last date to receive Club reports for the month of July
15	Monday	Independence Day
21	Sunday	1st District Council (Dist.1, 2 & 3)
28	Sunday	1st District Council (Dist. 4, 5 & 6)

REVEAL YOUR POTENTIAL
Every challenge becomes easy when you realize how potential you are and you keep it no more a secret from your own self

SEPTEMBER 2022

03	Saturday	1st Area Constitutional Council
04	Sunday	1st Extended Area Council
07 to 11		Onam
10	Saturday	Last date to receive Club reports for the month of August
18	Sunday	1st LRDs & DGs Meet

MOTIVATE TO ACHIEVE
Develop faith in those who doubt their assets. Teach them the theory... believe in themselves

OCTOBER 2022

02	Sunday	District Youth Camp (Dist. 1, 2 & 3)
09	Sunday	District Youth Camp (Dist. 4, 5 & 6)
10	Monday	Last date to receive Club reports for the month of September
16	Sunday	Area Picnic/Area Menettes Meeting
23	Sunday	2nd Regional Council

BE A LEADER
A leader should instill in a team, lead by example, and help people realize their potential

NOVEMBER 2022

06	Sunday	Kids Fest
10	Thursday	Last date to receive Club reports for the month of October
12 & 13		Regional Youth Camp
14	Monday	Children's day
20	Sunday	2nd District Council - (Dist. 1, 2 & 3)
27	Sunday	2nd District Council - (Dist 4, 5 & 6)

SUCCESS IS THERE
Some succeed because they are destined to but most succeed because they are determined to

DECEMBER 2022

04	Sunday	District Cultural Meet Fest (Dist.1, 2, 3, 4, 5 & 6)
08	Thursday	Founder's Day Celebration
10	Saturday	Last date to receive Club reports for the month of November
11	Sunday	Area AEO's Meeting/RD, LRD DG Review(Area)
18	Sunday	2nd LRDs & DGs Meet
25	Sunday	Christmas Day celebration

BE A WINNER
WINNING ISN'T EVERYTHING BUT WANTING TO WIN IS

JANUARY 2023

01	Sunday	New Year Celebrations
08	Sunday	District Sports (Dist.1, 2, 3, 4, 5 & 6)
10	Tuesday	Last date to receive Club reports for the month of December
13	Friday	
15	Sunday	Area Youth Camp
29	Sunday	Regional Cultural Meet
31	Tuesday	Last date to receive 2nd semester Roster and Dues

HOLD IT TIGHT
Life open up opportunities to you, and you either take them or you stay afraid of taking them.

FEBRUARY 2023

10	Friday	Last date to receive Club reports for the month of January
08	Wednesday	TOF Observation
12	Sunday	3rd District Council (Convention)- (Dist.1, 2, 3, 4, 5 & 6)
19	Sunday	Regional Sports
26	Sunday	Youth TOF Day

DELIVER THE BEST
Difficulties are meant to rouse not discourage. The human spirit is to strong by conflict.

MARCH 2023

04	Saturday	3rd Area Constitutional Council
05	Sunday	Extended Area Council
08	Wednesday	Women's Day celebration
10	Friday	Last date to receive Club reports for the month of February
26	Sunday	3rd Regional Council

EVERY PROBLEM HAS A SOLUTION
The important thing about a problem is not it's solution, but the strength we gain in finding the solution.

APRIL 2023

10	Monday	Last date to receive Club reports for the month of March
16	Sunday	3rd LRDs & DGs Meet

A WINNER NEVER STOP TRYING
If you want to stand out, don't be different, be outstanding. Don't be afraid to experiment and try new ideas.

MAY 2023

10		Last date to receive Club reports for the month of April
		Annual District Conference - 1, 2, 3, 4, 5 & 6 (TBD)
		Regional Election (TBD)

ZOOM INTO FULLEST
Take charge, look forward, zoom into a fantasy that is almost real with your zoom bastic attitude

JUNE 2023

		Regional Convention (TBD)
--	--	---------------------------

* TBD - To be decided



AREA PROJECTS



HEALTH

- Renal Care
- Cancer Care
- Care for the Aged
- Medical Aid Support
- Geriatric Medical Camps
- COVID -19 Pandemic Care
- Fight Malnutrition

HEAL The WORLD



YMI Heal the World

ENVIRONMENT

- Planting Trees
- Air Pollution
- Waste Management
- Plastic Ban
- Manual Scavenging
- Menstrual Hygiene

EDUCATION

- Permanent structure of Government Schools
- Providing digital devices for inclusivity
- Providing books & Setting up Libraries
- Adolescent Health & Gender Awareness